

Journal/Reflective Writing

Name: _____

Reflective narrative writing is a thoughtful retelling of a personal story or an exploration of personal dreams or experiences. They are often anecdotal, experiential, and personal—allowing the writer to express herself in a creative and, quite often, moving way.

INSTRUCTIONS: Pick ONE of the journals you wrote and develop it with more detail in order to write **at least 250 words**. As you write, check that it completes the expectations on the below checklist.

As you write this reflection, consider the following.

Qualities of an Effective Narrative	
Organization & Focus <small>The clarity and logical flow of ideas that make the writing read well.</small>	<input type="checkbox"/> Writing stays on topic
	<input type="checkbox"/> Organization of ideas is effective: ideas follow a pattern such as chronological, importance, cause & effect, etc. that is obvious to the reader
	<input type="checkbox"/> Uses a variety of transition words, phrases and clauses to convey sequence and signal shifts from one time frame or setting to another
Elaboration <small>The degree to which the main point or event is elaborated and explained by specific details, descriptions, and reactions.</small>	<input type="checkbox"/> Writing has specific details that help develop the main idea
	<input type="checkbox"/> Writing has specific details that clearly communicate the author's purpose (depends on the prompt for that journal)
	<input type="checkbox"/> Personal reflection is fully developed with clear consideration for cause & effect
	<input type="checkbox"/> Gives some insight, either directly or indirectly, as to the significance of the experience/ideas
	<input type="checkbox"/> Uses precise words and phrases, relevant descriptive details, and sensory language to convey experiences and events
<input type="checkbox"/> Provides a conclusion that follows from the narrated experiences/reflections	

Rewrite your journal below with more developed detail: